

Freeze the Summer Slide

Description: Practicing science can be fun and tasty! As a family, try making your own homemade ice cream. Once you get it down, try different flavors and add new toppings!

Ingredients:

- 1 c. half- and- half
- 2 tbsp. granulated sugar
- 1/2 tsp. pure vanilla extract
- 3 c. ice
- 1/3 c. kosher salt
- Toppings of your choice



Directions:

1. In a small resealable plastic bag, combine half-and-half, sugar, and vanilla. Push out excess air and seal.
2. Into a large resealable plastic bag, combine ice and salt. Place small bag inside the bigger bag and shake vigorously, 7 to 10 minutes, until ice cream has hardened.
3. Remove from bag and enjoy with your favorite toppings

Florida Standards Practiced:

Science

1. Changes in Matter
2. Properties of Matter